

# STANDARD SIZE CHARTS

## YOUTH BODY SIZE CHART

BABY	CHEST CIRCUMF.	WAIST CIRCUMF.	PELVIS CIRCUMF.	THIGH CIRCUMF.	SHOULDER WIDTH	SLEEVE LENGHT	FRONT CHEST LENGHT	EXTERNAL LEG LENGHT	INSEAM LEG LENGHT	BACK LENGHT	NECK CIRCUMF.	TOTAL CROTCH LENGHT	HEIGHT	WEIGHT
	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	KG
AGE/SIZE	A	B	C	D	E	F	G	H	L	M	N	P		
6-7/120	60-63	55-60	69-71	37-39	28-30	44-47	41-44	67-71	52-54	29-31	32-34	104-106	116-125	20-23
8-9/130	64-67	61-63	72-75	40-42	31-33	48-51	45-48	75-79	57-60	32-34	34-36	107-110	126-135	24-28
10-11/140	68-71	64-67	76-79	43-44	34-36	52-55	49-52	83-87	63-66	35-37	37-39	111-113	136-145	29-36
12-13/150	72-75	68-71	80-83	45-47	37-39	56-59	53-56	91-95	69-72	38-41	40-42	114-117	146-155	37-44

## MAN BODY SIZE CHART

MAN	CHEST CIRCUMF.	WAIST CIRCUMF.	PELVIS CIRCUMF.	THIGH CIRCUMF.	SHOULDER WIDTH	SLEEVE LENGHT	FRONT CHEST LENGHT	EXTERNAL LEG LENGHT	INSEAM LEG LENGHT	BACK LENGHT	NECK CIRCUMF.	HEIGHT	WEIGHT	
	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	CM	KG	
SIZES	A	B	C	D	E	F	G	H	L	M	N			
XS	44	86-89	74-77	86-89	45-48	37-40	54-57	62-64	97-100	72-74	41-43	37-38	164-167	54
	46	90-93	78-81	90-93	47-50	39-42	56-59	64-66	98-101	73-75	42-43	38-39	167-170	60
S	48	94-97	82-85	94-97	49-52	41-44	58-61	66-68	99-102	74-76	42-44	39-40	170-173	66
	50	98-101	86-87	98-101	51-54	42-46	60-63	68-70	100-103	75-77	43-44	40-41	173-176	72
M	52	102-105	88-93	102-105	54-57	45-48	62-65	70-72	101-104	76-78	44-45	41-42	176-179	78
	54	106-109	94-97	106-109	56-59	47-50	64-67	72-74	102-105	77-79	45-46	42-43	179-182	84
L	56	110-113	98-101	110-113	58-62	49-52	66-69	74-76	103-106	78-80	46-48	43-44	182-185	90
	58	114-117	102-105	114-117	61-64	51-54	68-71	76-78	103-107	79-81	48-49	45-46	185-188	96
XL	60	118-121	106-109	118-121	64-67	53-56	70-73	78-80	105-108	80-82	49-51	46-47	188-191	102
	62	122-125	110-113	122-125	67-70	56-58	72-75	80-82	107-110	81-83	51-52	47-48	191-194	108
XXL	64	126-129	114-117	126-129	69-72	57-60	74-77	82-84	108-111	82-84	52-54	49-50	194-197	114
	66	130-133	118-121	130-133	72-75	59-62	76-79	84-86	109-112	83-85	53-55	51-52	197-200	120

NB: If your measurements differ from standard size, please verify with a tailor measuring tape and complete the Driver's chart measurements, it's recommended also complete the optional measures. Please note that these physical measurements charts are indicative only for commercial purposes, then are only useful for Sparco products. Note only for the youths product sizes: Take into account any uses of chest protectors and its related footprint.

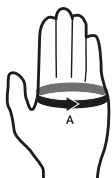
## LADY BODY SIZE CHART (CM)

WOMAN			BREAST TAKEN ON THE MOST PROMINENT	WAIST CIRCUMF.	PELVIS CIRCUMF.	THIGH CIRCUMF.	ARM OUTSIDE	INSIDE LEG LENGHT	WEIGHT	HEIGHT	
INTERN. SIZES	UK	US	TG	A	B	C	D	F	L	KG	CM
XXS	6	2	38	78-81	60-63	84-87	51-52	55-58	71-73	45-49	160-162
		40	82-85	64-67	88-91	52-53	56-59	72-74	50-54	162-164	
XS	8	4	42	86-89	68-71	92-95	53-54	57-60	73-75	55-59	164-166
		44	90-93	72-75	96-99	55-56	58-61	74-76	60-64	166-168	
M	10	6	46	94-97	76-79	100-103	57-58	59-62	75-77	65-69	168-170
		48	98-101	80-83	104-107	59-60	60-63	76-78	70-74	170-172	
L	12	8	50	102-105	84-87	108-111	61-62	61-64	77-79	75-79	172-174



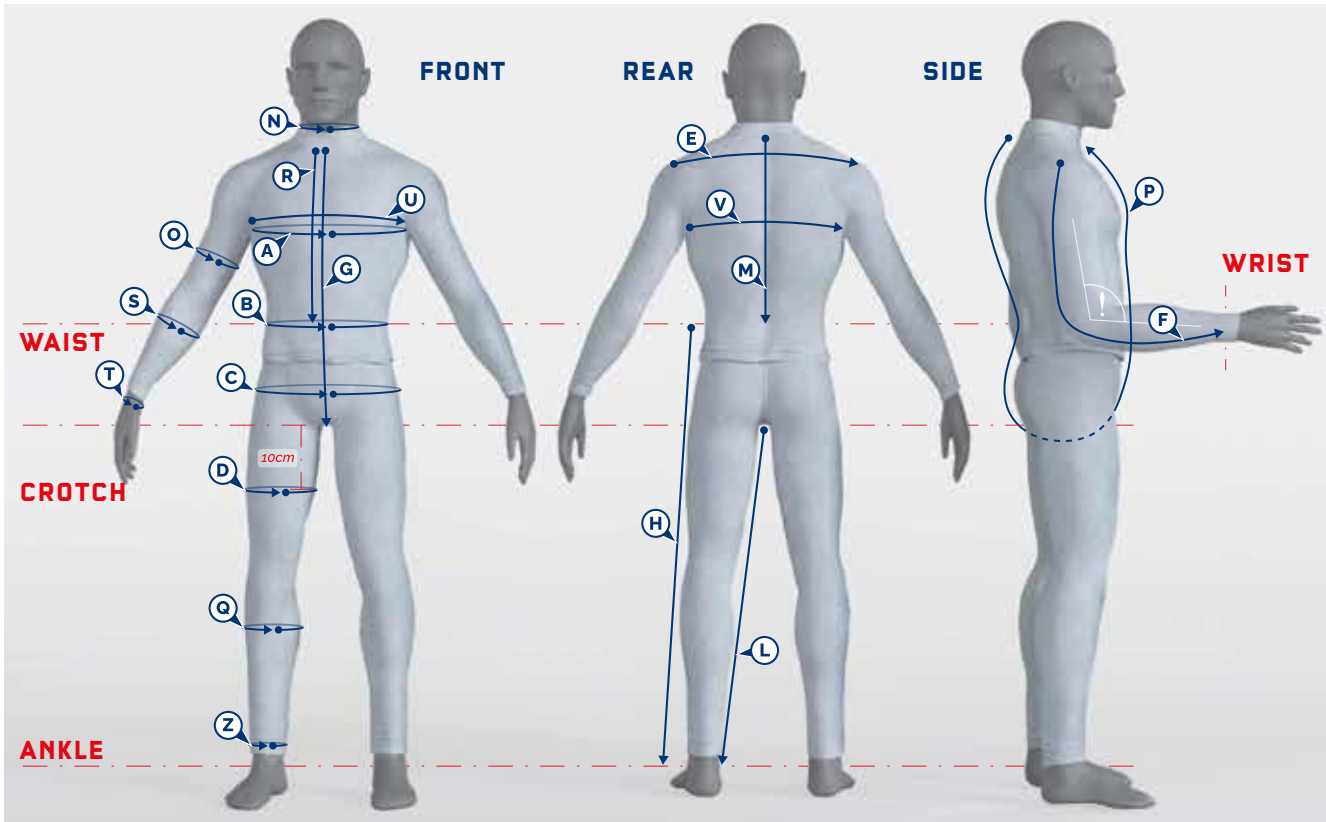
Please note that this table is only intended as a guide and can differ from manufacturers measurements.

WIDTH CM	17	18,3	19,7	21	22,3	23	23,7	24,3	25	25,7	26,3	27	27,7	28,3	29	29,6	30,3	31	31,6
EUROPE	26	28	30	32	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48
UK	11	12	13	1	2	2,5	3,5	4	5	5,5	6,5	7	8	9	9,5	10,5	11	12	13
USA	9,5	11	12,5	1	3	3,5	4,5	5	6	6,5	7,5	8	9	10	10,5	11,5	12	13	14



A										
SIZES	4	5	6	7	8	9	10	11	12	13
INCH.	6,3-6,7	6,7-7	7-7½	7½-8	8-8½	8½-8,9	8,9-9,2	9,2-9,6	9,6-9,8	9,8-10
CM	16-17	17-18	18-19	19-20,5	20,5-21,5	21,5-22,5	22,5-23,5	23,5-24,5	24,5-25	25-25,5
USA	YXS	XXXXXS	XXXS	XXS	XS	S	M	L	XL	XXL

# MADE TO MEASURE CHART



## A CHEST CIRCUMFERENCES

cm:

Run tape measure under armpit, put in the largest part of the chest in horizontal position, arms relaxed at your sides.

## B WAIST CIRCUMFERENCE

cm:

Run tape measure around waist horizontally, arms at your sides.

## C HIPS CIRCUMFERENCE

cm:

Run tape measure around hips at the widest point, arms at your sides. (18-20 cm under waist point)

## D THIGH CIRCUMFERENCE

cm:

Measure the largest part of the thigh. Tape should be around 10 cm from below the crotch.

## E SHOULDER WIDTH

cm:

Arms at your sides, run tape measure from bone to bone.

## F SLEEVE LENGTH

cm:

Start the measurement from shoulder bone, running around elbow (arm flexed) ending at wrist.

## G FRONTAL CHEST LENGTH

cm:

Take the measure starting from the notch of the neck down to below the crotch.

## H EXTERNAL LEG

cm:

Run tape from waist to ankle bone.

## L INTERNAL LEG

cm:

Run tape from crotch to internal ankle bone.

## M BASE OF NECK TO WAIST

cm:

Run the tape measure from lower vertebra of the neck to the waist.

## N NECK CIRCUMFERENCE

cm:

Run your tape measure around the neck at the thickest point.

## O BICEP CIRCUMFERENCE

cm:

Run the tape measure around the widest point of the biceps.

## P TORSO LENGTH

cm:

Starting from the notch of the neck in front, run tape through crotch to base of neck in back.

## Q CALF CIRCUMFERENCE

cm:

Run tape measure around the widest point of the calf.

## R NECK TO WAIST (FRONT)

cm:

Run tape measure from notch of the neck in front to waist strap.

## S FOREARM CIRCUMFERENCE

cm:

Run tape measure around waist horizontally, arms at your sides.

## T WRIST CIRCUMFERENCE

cm:

Run the tape measure around the wrist bone.

## U CHEST WIDTH

cm:

Arms at your sides, run tape measure from armpit to armpit.

## V BACK WIDTH

cm:

Arms at your sides, run tape measure from armpit to armpit.

## Z ANKLE CIRCUMFERENCE

cm:

Run the tape measure around the ankle bone.

We recommend sending photos of your full figure in the positions shown above to better understand the distribution of your measurements.